



I - Healing Confessions.

God`s Creative Power For Healing

Returning God`s Word To Him

God declares that His Word will not return to Him void. We are to return His Word by giving VOICE TO IT, and He will create the fruit of our lips. Confessing God's Word is a way you can fellowship with the Lord and increase your faith at the same time. I challenge you to affirm these scriptural confessions audibly three times a day. Don't let it become a hit and miss proposition. Make it a practice to take God's medicine on a regular basis, just as you would any other medicine. Then it will be LIFE to you and HEALTH to your flesh.

God`s Medicine

[These are not direct bible quotations from the bible, but are paraphrased confessions based on the Scriptures under them.]

To be spoken by mouth three times a day until faith comes, then once a day to maintain faith. If circumstances grow worse, double the dosage. There are no harmful side effects.

1. Jesus is the Lord of my life. Sickness and disease have no power over me. I am forgiven and set free from sin AND GUILT. I am dead to sin and alive unto righteousness. (Col.1:21, 22)

2. I am free from un-forgiveness and strife. I forgive others as Christ has forgiven me, for the love of God is shed abroad in my heart by the Holy Ghost. (Matt.6:12; Eph. 4, 32; Rom.5:5)

3. Jesus bore my sins in His body on the tree; therefore I am dead to sin and alive unto God and by His stripes (Jesus) I am healed and made whole. (1 Peter 2:24; Rom.6:11; 2 Cor.5:21)

4. Jesus bore my sickness and carried my pain. Therefore I give no place to sickness or pain. For God sent His Word and healed me. (Psm.107:20)

5. Father because of Your Word I am an over-comer. I overcome the world, the flesh and the devil, by the blood of the Lamb and the word of my testimony. (1 John 4:4; Rev.12:11)

6. You have given me abundant life I receive that life through Your Word and it flows to every organ of my body bringing healing and health. (John 10:10; John 6:63)

7. Heavenly Father, I attend to your Word. I incline my ears to Your sayings. I will not let them depart from my eyes. I keep them in the midst of my heart, for they are life and healing to all my flesh. (Prov.4:20-22)

8. As God was with Moses (and Joshua), so is He with me. My eyes are not dim; neither are my natural forces abated. Blessed are my eyes for they see (clearly), blessed are my ears for they hear clearly. (Duet.34:7; Mark 8:25)

9. No evil will befall me, neither shall any plague come near my dwelling. For You have given your angels charge over me. They keep me in all my ways. In my pathway is life, healing and health. (Psm.91:10-11; Prov.12:28)

10. Jesus took my infirmities and bore my sicknesses. Therefore I refuse to allow sickness to dominate my body. The life of God flows within me bringing healing to every fibre of my being. (Matt.8:17; John 6:63)

11. I am redeemed from the curse. Galatians 3:13 is flowing in my blood stream. It flows to every part of my body, restoring life and health. (Mark 11:23; Luke 17:6)

12. The life of 1st Peter 2:24 is a reality in my flesh, restoring every cell of my body.

13. I present my body to God for it is the temple of the LIVING GOD. God dwells in me and HIS LIFE permeates my spirit, soul and body so that I am filled with the fullness of God daily. (Rom.12:1-2; John 14:20; Eph.3:19)

14. My body is the temple of the HOLY GHOST. I make a demand on my body to release the right chemicals. My body is in perfect chemical balance. My pancreas secretes the proper amount of insulin for life and health. (1 Cor.6:19)



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15. Heavenly Father, through Your Word You have imparted Your life to me. That life restores my body with every breath I breathe and every word I speak.

(John 6:63; Mark 11:23)

16. That which God has not planted is dissolved and rooted out of my body in Jesus` name. First Peter 2:24 is engrafted into every fibre of my being and I am alive with the life of God.

(Mark 11:23; John 6:63)

Growths, Tumours, and Arthritis

17. Jesus bore the curse for me; therefore, I forbid growths and tumours to live in my body. The life of God within me dissolves growths and tumours, and my health and my strength is restored.

(Matt.16:19; John 14:13; Mark 11:23)

18. Growths and tumours have no right to my body. They are a thing of the past for I am delivered from the authority of darkness.

(Col.1:13-14)

19. Every organ and tissue of my body functions in the perfection that God created it to function. I forbid and malfunction in my body in Jesus` name. (Gen.1:28, 31)

20. Father, Your Word has become part of me. It is flowing in my blood stream. It flows to every cell of my body, restoring and transforming my body. Your Word has become flesh; for You sent Your Word and healed me.

(James 1:21; Ps. 107:20; Prov.13:3)

21. Your Word is manifest in my body, causing growths to disappear. Arthritis is a thing of the past. I make a demand on my bones and joints to function properly in the name of Jesus.

(Mark 11:23, Matt.17:20)

22. Heavenly Father, as I give voice to Your Word, the law of the Spirit of Life in Christ Jesus makes me free from the law of sin and death. And your life is energising every cell of my body

(Rom.8:12)

23. Arthritis, you must GO! Sickness MUST flee! Tumours can not exist in me, for the Spirit of God is within me. Sickness, fear and oppression have no power over me for God`s Word is my confession

(Mark 11:23; Isa.54:14)

Heart and Blood

24. Thank You Father that I have a strong heart. My heart beats with the rhythm of life. My blood flows to every cell of my body restoring life and health abundantly

(Prov.12:14; 14:30)

25. My blood pressure is 120 over 80. The life of God flows in my blood and cleanses my arteries of all matter that does not pertain to life

(Mark 11:23)

26. My heart beat is normal. My heart beats with the rhythm of life, carrying the life of God throughout my body restoring LIFE AND HEALTH ABUNDANTLY

(John 17:23, Eph.2:22)

27. I have a strong heart. Every heart beat floods my body with life and cleanses me of disease and pain

(Ex.23:25; Mark 11:23; Eph.3:19-20)

28. I command my blood cells to destroy every disease germ and every virus that tries to inhabit my body. I command every cell of my body to be normal In Jesus` Name

(Rom.5:17; Luke 17:6)

29. Every cell that does not promote life and health in my body is cut off from its life source. My immune system will not allow tumourous growths to live in my body in Jesus` Name

(Luke 17:6; Mark 11:23)

30. I am redeemed from the curse of the law and my heart beats with the rhythm of life. The spirit and life of God`s Word flows in me cleansing my blood of every disease and impurity

(Prov.4:20-22; Gal.3:13)

Arteries and Cells

31. In Jesus` Name, my arteries, will not shrink or become clogged. Arteries, you are clean, elastic and function as God created you to function

(Luke 17:6; Mark 11:23; Isa.55:11; James 3:2-5)

32. The Law of the Spirit of Life in Christ Jesus has made me free from the law of sin and death; therefore, I will not allow sin, sickness or death to lord it over me

(Rom.8:2; Rom.6:13, 14)

33. The same Spirit that raised Jesus from the dead lives in me, permeating His life throughout my veins, sending healing throughout my body.

(Rom.8:11)

34. In Jesus` Name I forbid my body to be deceived in any manner. Body, you will not be deceived by any virus or disease germ. Neither will you work against life or health in any way. Every cell of my body supports life and health

(Matt.12:25; 35a)



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Immune System

35. My immune system grows stronger day by day. I speak life to my immune system. I forbid confusion in my immune system. The same Spirit that raised Christ from the dead dwells in me and quickens my immune system with life and the wisdom of God, which guards the life and health of my body. (Rom. 8:11, Prov. 4:22)

Healthy Bones and Marrow

36. I speak to the bones and joints of my body. I call you normal in Jesus` Name. My bones and joints will not respond to any disease; for the Spirit life of (1st Peter 2:24) permeates every bone and joint of my body with LIFE and HEALTH.

37. Father, I make a demand on my bones to produce perfect marrow, I make a demand on the marrow to produce pure blood that will ward (fight) off sickness and disease. My bones refuse any offence of the curse (Prov.16:24)

38. I make a demand on my joints to function perfectly. There will be no pain or swelling in my joints. My joints refuse to allow anything that will hurt or destroy their normal function (Prov.17:22)

Enforcing life

Mix thoroughly with faith and authority. To be taken by word of mouth as often as needed to maintain health and life.

39. Body I speak the Word of Faith to you. I demand that every internal organ perform a perfect work, for you are the temple of the HOLY GHOST; therefore, I charge you in the name of the Lord Jesus Christ and by the authority of His holy Word to be healed and made whole in Jesus` Name (Prov.12:18)

40. Father, I resist the enemy in every form that he comes against me – I require my body to be strong and healthy, and I enforce life in this body (James 4:7)

41. I will not die but live and declare the works of God (Ps.118:17)

42. You have forgiven all my iniquities; You have healed all my diseases; You have redeemed my life from destruction; You have satisfied my mouth with good things so that my youth is renewed as the eagles (and because I wait upon You, my strength is renewed like the eagles) (Ps.103:2-5; Isa.40:31)

43. Lord, You have blessed my food and water and have taken sickness away from me. Therefore I will fulfil the number of my days in health (Ex.23:25, 26)

Jesus is Lord!